

Below are the contents of this very complete resource on Stanislavski:

This is a resource aimed at both Teachers and Students and full of brand-new practical work

FOREWORD

THE BACKGROUND TO THE SYSTEM

CAUSES AND EFFECTS

CHEKHOV AND STANISLAVSKI 1

STUDENT WORK ON THE BACKGROUND [OTHER STUDENT WORK IS BUILT IN THROUGHOUT]

NATURALISM/REALISM

STEREOTYPES AND 'ACTING IN GENERAL'

PART ONE: THE BASIC COMPONENTS OF THE SYSTEM

THE STARTING POINT: A QUEST FOR GENIUS

THE SYSTEM: GENERAL TRAINING OF THE ACTOR

OBSERVATION

IMAGINATION

BELIEF

CONCENTRATION AND RELAXATION

PHYSICAL AND VOCAL CONTROL

COMMUNICATION USING THE BODY

COMMUNICATION USING THE VOICE

TEMPO-RHYTHM

THE SYSTEM PART 2: APPROACHING A ROLE

PLAY EXTRACTS

THE DEVISING OPTION

STARTING THE PROCESS

READING THE SCRIPT, GIVEN CIRCUMSTANCES

THE DEVISED OPTION CONTINUED

MAGIC IF & IMAGINATION WITH GIVEN CIRCUMSTANCES

SUBTEXT AND UNITS AND OBJECTIVES

THE RULING IDEA AND THE SUPER-OBJECTIVE

EMOTION MEMORY

IMPROVISATION

TEMPO-RHYTHM

PRODUCTION OF YOUR EXTRACT

FURTHER NOTES

ESSAY QUESTIONS AND OTHER BACK-UP NOTES